**Registration Information**

*Numbers are limited*

All prices inclusive of GST

1. **Eligible for student/seniors concession**
   $165 full conference/$110 one day

2. **Full registration**
   $275 full conference/$165 one day

3. **Conference Dinner Thursday 11th Nov at 6.30pm**
   At Ummarin Thai Restaurant, 66 Perouse Road Randwick, ph: (02) 9398 2153
   $33 for banquet

**Accommodation Options**

- On campus: AGSM rooms $95
  (min 10 rooms need to be booked – please contact Phillipa at p.williams@unsw.edu.au if you are interested in staying here) [http://www.venuesandevents.unsw.edu.au/accom/agsm.html](http://www.venuesandevents.unsw.edu.au/accom/agsm.html)

- Special rates are available at a number of local hotels, see [http://www.venuesandevents.unsw.edu.au/accom/Hotels2010.pdf](http://www.venuesandevents.unsw.edu.au/accom/Hotels2010.pdf) - this option is self-booking

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**Living to 100: The Science and the Art**

This conference, organised by the Brain and Ageing Research Program of UNSW (Chair: Prof Perminder Sachdev) will look at the science and the art involved in extreme longevity, for ageing researchers, clinicians, care providers, and members of the public.

It will be held at the conference facilities of the Australian Graduate School of Management, located on the University of New South Wales Kensington Campus (enter via Gate 11, Botany St)

**Thursday 11th November**
1.00pm – 5.30pm

**Friday 12th November**
8.45am – 5.30pm

MORE INFORMATION:
Dr Melissa Slavin, m.slavin@unsw.edu.au
[http://www.med.unsw.edu.au/livingto100](http://www.med.unsw.edu.au/livingto100)
**Extreme Longevity**

- There are 19,654 people aged 95-99, and 3,153 people aged 100 and older (“centenarians”) in Australia (source: 2006 Census)
- Between 2001 and 2006, there was a 26% increase in centenarian numbers, compared with a 5.8% increase in the population overall
- We can discover many secrets from the very old. By learning about the cognitive, medical, genetic, lifestyle, and functional profiles of centenarians, we can better understand models of “successful ageing”
- With an ageing population, it is critical to understand and plan for this growing group
- This conference presents an opportunity to develop collaborative relationships between researchers, clinicians, care providers, and most importantly, the centenarians

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**Living to 100 Conference**

**KEYNOTE SPEAKER:** PROF LEONARD POON, GEORGIA CENTENARIAN STUDY. PROF POON LEADS THIS WORLD EMINENT STUDY WHICH HAS BEEN RUNNING FOR OVER 20 YEARS.

**SYMPOSIA INCLUDE:**

- **Genetics of exceptional ageing.** Chaired by Prof Peter Schofield, Neuroscience Research Australia (NeuRA), with Prof Brian Morris, Basic and Clinical Genomics Laboratory, University of Sydney; Dr John Kwok, NeuRA; and Dr Karen Mather, Brain and Ageing Research Program (BARP), UNSW.
- **Nutrition and longevity.** Chaired by A/Prof Jayashree Arcot, School of Chemical Engineering, UNSW, with A/Prof Vicki Flood, Nutritional Epidemiologist, University of Wollongong; Prof Caryl Nowson, Nutrition and Ageing, Deakin University; and Prof Stewart Truswell, Human Nutrition Unit, University of Sydney.
- **Risk and protective factors for extreme longevity.** With Prof Michael O'Rourke, Cardiac Physiology and Transplantation Division, Victor Chang Cardiac Research Institute; A/Prof Katherine Samaras, Diabetes and Obesity Research Program, Garvan Institute of Medical Research; and Prof Perminder Sachdev, BARP, UNSW.
- **Cognition and the brains of the very old.** With Prof Jillian Kril, Neuropathology Unit, University of Sydney and A/Prof Sharon Naismith, Brain and Mind Research Institute, University of Sydney.
- **The community impact of extreme longevity.** Chaired by Prof Henry Brodaty, BARP, UNSW, with Dr John McCormack, Dept of Social Work, La Trobe University; and Prof John Piggott, Australian Institute for Population Ageing Research, UNSW.
- **Update on the Australian Centenarian Studies.** Chaired by Prof Philip Mitchell, School of Psychiatry, UNSW, with Prof Robyn Richmond and Dr Frances Kay-Lambkin, School of Public Health, UNSW; Prof Perminder Sachdev and Dr Charlene Levitan, BARP, UNSW.